

Ingredients

- 8 shitake mushrooms, sliced
- 1 eggplant, cleaned and cubed
- I cup chopped spinach
- 2 green bananas, sliced
- 2 cups pumpkin, peeled, seeded & cubed
- 1 tbsp minced lemongrass
- 1/2 tsp turmeric powder
- 2 tbsp toasted rice powder (optional)
- 1/2 tsp paprika
- 1 tbsp palm sugar
- 1 tsp salt
- 1 cup coconut milk
- 2 cups water

Directions

- 1. Thoroughly blend lemongrass, coconut milk, water, paprika, turmeric, and garlic.
- 2. Combine eggplant, shiitake mushrooms, and blended mixture in a large pot.
- 3. Cover and simmer for ten minutes.
- 4. Add pumpkin. Cover and simmer for five minutes or until the pumpkin is tender.
- 5. Add spinach and bananas, cook for five minutes or until tender.
- 6. Combine palm sugar, salt, and toasted rice powder.
- 7. Add mixture to the pot, small amounts at a time.
- 8. Stir and serve.